

FEBRUARY

SUN

MON


TUE

WED

THU

FRI

SAT

						1 CLOSED
2 CLOSED	3 10am-12pm: Childrens Play Group	4 5-7 Tween Tuesday	5 5-7 Resume Building Workshop	6 10am-1pm: RAFT Application Assistance 5-7 Craft Corner	7 12-1 Feel Good Friday	8 cuti 10-1 be mine VALENTINES PARTY
9 CLOSED	10 10am-12pm: Childrens Play Group	11 5-7 Tween Tuesday	12 4:30-6:30pm Arabic Support Group	13 5-7pm Financial Assistance Application Support (Evening Hours)	14 10-12pm: FRC Cafe	15 CLOSED
16 CLOSED	17 CLOSED IN OBSERVANCE OF  PRESIDENTS DAY	18 9-5 Snack Pack Pick-Up 5-7 Tween Tuesday	19 9-5 Snack Pack Pick-Up 9-5 Diaper & Food Pantry Pick Up 5-7 Active Parenting Mini Session	20 9-7 Snack Pack Pick-Up 12-1:30 GRG 10am-1pm: RAFT Application Assistance	21 9-5 Snack Pack Pick-Up 12-1 Feel Good Friday	22 11-1 CELEBRATING BLACK HISTORY MONTH FAMILY MOVIE EVENT
23 CLOSED	24 10am-12pm: Childrens Play Group	25 5-7 Tween Tuesday	26 5-7 IEP Info Session	27 10am-1pm: RAFT Application Assistance 5-7 Craft Corner	28 10-12pm: FRC Cafe	

Children's Playgroup: Ages 0-5. Weekly, informal play-time for young children and their parent's to meet and socialize in the community while building new connections. To participate contact Sydney: swilliams@oldcolonymca.org

RAFT Rental Application Assistance: Our Family Support Workers are available to help you navigate the RAFT application process! They will meet with you to review requirements, organize documents needed, and provide support while you apply for the rental assistance program through RAFT. To register, contact: Gladys gndiru@oldcolonymca.org

Tween Tuesday: This group is for tweens ages 9-12. Join us for snacks, fun, and activities of all kinds! Games, crafts, movies, and much more fun. To register contact Sydney: swilliams@oldcolonymca.org.

FRC Café: Join us for our weekly café and conversation. Meet new people and create new connections. To participate, contact Lily lrazik@oldcolonymca.org

Pop-Up Food Pantry: Meal care packages will be available for pick-up monthly at the FRC. Participants must register every month to receive meal packages. To register, contact Lily lrazik@oldcolonymca.org

Diaper Distribution: In need of diapers? We got you! Stop by the FRC on the third Wednesday of the month during business hours. To register, contact Lily lrazik@oldcolonymca.org

Grandparent Raising Grandchildren Support Group (GRG): Are you a grandparent feeling like you are all alone in this journey? You are not alone! Come join and share with other grandparents raising grandchildren. To register, contact Gladys gndiru@oldcolonymca.org

Arabic Support Group: If Arabic is your first language and would like someone to talk to you, come to the Arabic support group at the FRC. Lily, our Family Engagement Ambassador is fluent in Arabic. To participate contact Lily lrazik@oldcolonymca.org

Feel Good Friday: Get ready to go into the weekend feeling your best! Come into Feel Good Friday for mindfulness and self care workshops. To register contact Megan: mbarlow@oldcolonymca.org

Craft Corner: If you love to craft, please join us for Craft Corner. Bring your own projects, or use the FRC materials to get crafty and socialize. Please contact Sydney if interested swilliams@oldcolonymca.org.

Resume Building: Looking for someone to help you write your resume? Not sure where to start? The FRC is here to help. If interested, please contact Gladys: gndiru@oldcolonymca.org

Snack Pack Pick Up: Let the FRC take care of the snacks for during February break. Register to pick up a snack pack for each child in your family. Extended pick up scheduled for Thursday until 7pm. If interested, please contact Sydney swilliams@oldcolonymca.org

Financial Assistance Application Support (Evening Hours): If you need support going through the application for many of Massachusetts Assistance programs such as; Emergency Shelter, DTA, RAFT, and more. Please visit us for help. These supports are always available at the FRC. These are specific evening hours 5-7. If interested; please contact the FRC. AttleboroFRC@oldcolonymca.org

Black History Movie Event: Join us at the FRC to celebrate Black History Month with Disney Pixars movie Soul! Soul is Pixar's first film to feature an African-American lead. Please contact Sydney to register. swilliams@oldcolonymca.org

Valentines Day Party: Join us at the FRC for a family Valentines Day Party. With crafts, games, snacks and lots of fun! Please contact Sydney to register. swilliams@oldcolonymca.org

Active Parenting Mini Session: If you are looking to be an active parent in your teens life, join us for this Active Parenting mini session where we will cover: The Active Parent, Teens Today, Styles of Parenting, Conflict vs Influence, and Mutual Respect. Please contact Megan if interested. mbarlow@oldcolonymca.org

IEP Info Session: Join us for our IEP Information session to learn about all the key pieces of the Individualized Education Plan. A perfect place to go into detail about what each piece means so you can be prepared for the next IEP meeting for your student! If interested: please contact Sydney. swilliams@oldcolonymca.org

29 North Main Street, Attleboro MA

(P) 774-203-1516

Hours of Operation: Monday through Friday: 9am-5pm, Saturday: appointment or event only

