

NOVEMBER

SUN

MON

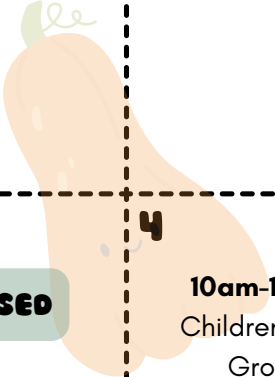
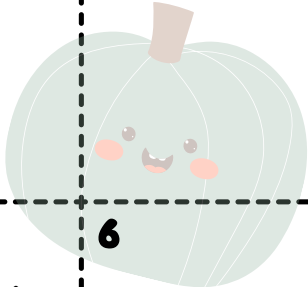




TUE

WED

THU

FRI

SAT

					<p>1</p> <p>10-12pm: FRC Cafe</p>	<p>2</p>  <p>11-1pm Family Paint Day</p>
<p>3</p> <p>CLOSED</p>	<p>4</p> <p>10am-12pm: Childrens Play Group</p>	<p>5</p> <p>4:30-6:30pm: Tween Tuesday</p>	<p>6</p> <p>5- 7pm Arabic Support Group</p>	<p>7</p> <p>10am-1pm: RAFT Application Asistance 5- 7pm Family Game Night</p>	<p>8</p> <p>10-12pm: FRC Cafe</p>	<p>9</p> <p>CLOSED</p>
<p>10</p> <p>CLOSED</p>	<p>11</p> <p>CLOSED</p>  <p>In Observance of Veterans Day</p>	<p>12</p> <p>4:30-6:30pm: Tween Tuesday</p>	<p>13</p> <p>5- 7pm Craft Corner</p>	<p>14</p> <p>10am-1pm: RAFT Application Asistance 5- 7pm Arabic Support Group</p>	<p>15</p> <p>10-12pm: FRC Cafe</p>	<p>16</p> <p>CLOSED</p>
<p>17</p> <p>CLOSED</p>	<p>18</p> <p>10am-12pm: Childrens Play Group</p>	<p>19</p> <p>4:30-6:30pm: Tween Tuesday</p>	<p>20</p> <p>9-5pm Diaper/Food Pantry Distribution 4-5pm Youth Grief Support Group 5- 7pm Future Forward</p>	<p>21</p> <p>12-1:30 Grandparents Raising Grandchildren Group 5- 7pm Book Club</p>	<p>22</p> <p>10-12pm: FRC Cafe</p>	<p>23</p> <p>11-1pm Thanksgiving Basket Pick Up </p>
<p>24</p> <p>CLOSED</p>	<p>25</p> <p>10am-12pm: Childrens Play Group</p>	<p>26</p> <p>4:30-6:30pm: Tween Tuesday</p>	<p>27</p> <p>9am-7pm Thankgiving Basket Pick-up</p>	<p>28</p> <p>CLOSED</p>  <p>FOR THANKSGIVING</p>	<p>29</p> <p>10-12pm: FRC Cafe</p>	<p>30</p> <p>CLOSED</p>

Children's Playgroup: Ages 0-5. Weekly, informal play-time for young children and their parent's to meet and socialize in the community while building new connections.

To participate contact Sydney: swilliams@oldcolonyymca.org

Craft Corner : Let your creativity flow and create something magical. A space for everyone to come and enjoy their favorite crafts. To participate, contact Sydney swilliams@oldcolonyymca.org.

FRC Book Club : Join us for our monthly book club. Where we read together, meet new people and learn from one another as well as our books. To register contact Sydney: swilliams@oldcolonyymca.org

RAFT Rental Application Assistance: Our Family Support Workers are available to help you navigate the RAFT application process! They will meet with you to review requirements, organize documents needed, and provide support while you apply for the rental assistance program through RAFT. To register, contact: Gladys gndiru@oldcolonyymca.org

Future Forward: Ages 13-18. A group for teens to come and engage as they learn different life skills as they step into adulthood. To register contact Sydney swilliams@oldcolonyymca.org

Tween Tuesday: This group is for tweens ages 9-12. Join us for snacks, fun, and activities of all kinds! We will play games, do crafts, and overall have a blast! To register contact Sydney: swilliams@oldcolonyymca.org.

FRC Café: Join us for our weekly café and conversation. Meet new people and create new connections. To participate, contact Lily lrazik@oldcolonyymca.org

Pop-Up Food Pantry: Meal care packages will be available for pick-up monthly at the FRC. Participants must register every month to receive meal packages. To register, contact Gladys gndiru@oldcolonyymca.org

Diaper Distribution: In need of diapers? We got you! Stop by the FRC on the third Wednesday of the month during business hours. To register, contact Gladys gndiru@oldcolonyymca.org

Grandparent Raising Grandchildren Support Group (In-Person): Are you a grandparent feeling like you are all alone in this journey? You are not alone! Come join and share with other grandparents raising grandchildren. To register, contact Gladys gndiru@oldcolonyymca.org

Arabic Support Group: If Arabic is your first language and need would like someone to talk to you, come to the Arabic support group at the FRC. Lily, our Family Engagement Ambassador is fluent in Arabic. To participate contact Lily lrazik@oldcolonyymca.org

Youth Grief Support Group: This is a once a month support group hosted by Hope Health to support teens navigate losses and grief. To register contact Rob rmignacca@oldcolonyymca.org

Family Game Night: Bring the whole family for a fun night of board games and laughs at the FRC. Dinner provided! To register, please contact Sydney. Swilliams@oldcolonyymca.org

Thanksgiving Basket Pick Up: The FRC will put together baskets filled with Thanksgiving sides for you and your family. If you would like one, please contact Gladys before Nov. 15th to register. These are two designated time slots for pick up. If these times do not work for you, we can schedule a separate during FRC operating hours listed below. gndiru@oldcolonyymca.org

Family Paint Day: Looking for a fun way to spend your Saturday afternoon? Stop by the FRC and let your inner artist shine. We provide the paints and snacks you come enjoy some family fun time. If interested, please contact Sydney: swilliams@oldcolonyymca.org

29 North Main Street, Attleboro MA

(P) 774-203-1516

Hours of Operation: Monday through Friday: 9am-5pm, Saturday: appointment or event only

