



Middleboro YMCA Gymnastics Birthday Party

Thinking of choosing the Middleboro YMCA to host your child's birthday party? To help make the process of booking a party easier, here is some information about the gymnastics birthday party experience.

What does the party consist of?

Each party is reserved for a 1 hour and 45 minute time block. Parents of the birthday child will be asked to arrive 15 minutes before party begins to prepare the birthday room and greet guest arrivals. During this time you will be able to ask the YMCA staff member on duty any questions you may have. Guests will arrive and check in at the Welcome Center where they will be directed to the party room and greeted by you. Once the party begins, guests will be guided into the gymnastics center and parents will be asked to sit upstairs in designated viewing space. The participants will enjoy 1 hour of structured activities including: warm-up, stretch, relays, gymnastics circuits, and games. Following the gymnastics portion of the party everyone will be brought to the party room for your choice of refreshments, food, cake, beverages, and presents. You will have 45 minutes to conclude party activities and enjoy no clean up!

Guidelines

- For the safety of all participants birthday party participants must be at least three years of age or older.
- 15 participants is the maximum number of participants that will be allowed due to space constraints, unless otherwise authorized by gymnastics coordinator.
- Parents are responsible for supplying all food, decorations and other party supplies. The YMCA will provide tables and chairs. Parents of the birthday boy/girl are strongly encouraged to arrive 15 minutes before party starts to set up party room and greet guests.
- Please tell your guests parents' that they are not allowed on the floor during the party, except where a child is too young or in need of parental support and the coach has agreed.
- If your child has a favorite CD they would like played during the party that is appropriate for all, please notify YMCA staff ahead of time so they can play the CD.
- Please be sure to ask all questions before signing birthday contract and well in advance to party date.

Our goal is to provide a fun and positive birthday experience through the use of gymnastics and other activities. We also strive to make the planning, hosting and cleaning process as easy as possible for the birthday child's family. Let the Middleboro YMCA's Gymnastics Center be the host of your next birthday party and enjoy the special day by letting us do the work!

Contact:

Gymnastics Coordinator at 508-947-1390x35

Or

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